



ARCHDIOCESAN THEME:

“We the baptised, let us journey together in communion, participation and mission.” (Eph.4:1-16)

St. Charles Lwanga Catholic Parish Ntinda
THE SCROLL
 6TH APRIL, 2025



THE NEED TO INTEGRATE BETROTHAL WITH MODERN DATING

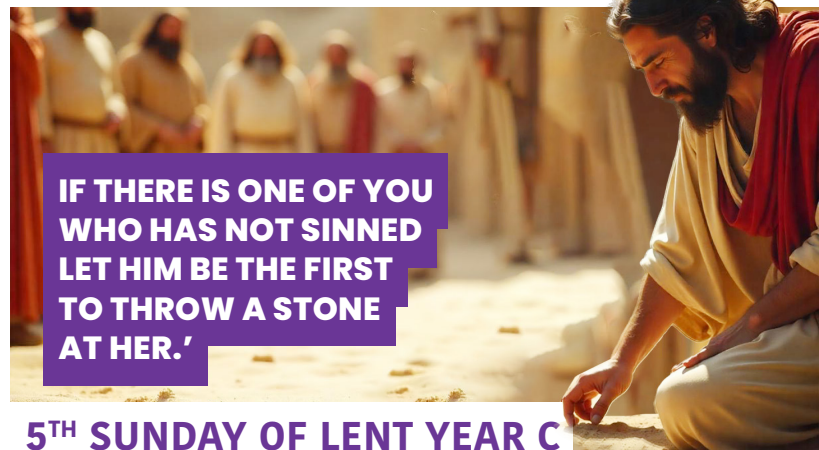
Prepared by Fr. Joseph Kirumira Mpoza

Love is complicated and relationships are becoming more confusing. An anonymous writer stated that "The worst prison in the world is a home without peace..." It is therefore important that young people need to know that they have to be very cautious when choosing who to fall in love with and whom they decide to get married to. Keeping that in mind then how do we navigate love in a world where commitment seems to be no longer an issue for the present generation? While still allowing for the freedom and exploration that modern dating allows the idea of combining the commitment and seriousness of betrothal will create a more structured, intentional approach to nurturing relationships that lead to fruitful marriages.

Betrothal, in the context of modern dating, might offer several benefits that foster deeper commitment and clarity in relationships. Let us quickly look through the most common frustrating modern dating traits to be able to appreciate the benefits of betrothal for lasting successful relationships.

1. The first trait is Ghosting. This is a trait that occurs when someone falls in love with you. However, that friend suddenly stops all communication without any explanation and disappears from the relationship or conversation without any notice.
- 2.Breadcrumbing is when someone gives minimal attention or small amounts of affection to keep someone interested, without ever committing to a real relationship or taking things further. It's like leading someone on with "breadcrumbs."
3. Orbiting happens when someone has

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IF THERE IS ONE OF YOU WHO HAS NOT SINNED LET HIM BE THE FIRST TO THROW A STONE AT HER.'

5TH SUNDAY OF LENT YEAR C

FIRST READING

“See, I am doing a new deed, and I will give my chosen people drink.”

A reading from the prophet Isaiah 43:16-21

Thus says the Lord, who made a way through the sea, a path in the great waters; who put chariots and horse in the field and a powerful army, which lay there never to rise again, snuffed out, put out like a wick: No need to recall the past, no need to think about what was done before. See, I am doing a new deed, even now it comes to light; can you not see it? Yes, I am making a road in the wilderness, paths in the wilds.

The wild beasts will honour me, jackals and ostriches, because I am putting water in the wilderness (rivers in the wild) to give my chosen people drink.

The people I have formed for myself will sing my praises.

This is the word of the Lord.

RESPONSORIAL PSALM

Psalm 125.

Response: What marvels the Lord worked for us! Indeed we were glad.

2ND READING

“Reproducing the pattern of his death, I have accepted the loss of everything for Christ.”

A reading from the letter of St Paul to the Philippians 3:8-14

I believe nothing can happen that will outweigh the supreme advantage of knowing Christ Jesus my Lord. For him I have accepted the loss of everything, and I look on everything as so much rubbish if only I can have Christ and be given a place in him. I am no longer trying for perfection by my own efforts, the perfection that comes from the Law, but I want only the perfection that comes through faith in Christ, and is from God and based on faith. All I want is to know Christ and the power of his resurrection and to share his sufferings by reproducing the pattern of his death. That is the way

Monday English | Tuesday Luganda | Wednesday English | Thursday Luganda | Friday English | Saturday Luganda

SUNDAY MASS PROGRAM: 07:00 a.m Luganda | 08:30 a.m English | 10:00 a.m English | 11:30 am Luganda | 1:00p.m English | 5:00p.m English

PARISH THEME: “PILGRIMS OF HOPE, WALKING TOGETHER”

I can hope to take my place in the resurrection of the dead. Not that I have become perfect yet: I have not yet won, but I am still running, trying to capture the prize for which Christ Jesus captured me. I can assure you my brothers, I am far from thinking that I have already won. All I can say is that I forget the past and I strain ahead for what is still to come; I am racing for the finish, for the prize to which God calls us upwards to receive in Christ Jesus. *This is the word of the Lord.*

GOSPEL .

“If there is one of you who has not sinned, let him be the first to throw a stone at her.”

A reading from the holy Gospel according to John 8:1-11

Jesus went to the Mount of Olives. At daybreak he appeared in the Temple again; and as all the people came to him, he sat down and began to teach them.

The scribes and Pharisees brought a woman along who had been caught committing adultery; and making her stand there in full view of everybody, they said to Jesus, ‘Master, this woman was caught in the very act of committing

adultery, and Moses has ordered us in the Law to condemn women like this to death by stoning. What have you to say?’ They asked him this as a test, looking for something to use against him. But Jesus bent down and started writing on the ground with his finger. As they persisted with their question, he looked up and said, ‘If there is one of you who has not sinned let him be the first to throw a stone at her.’ Then he bent down and wrote on the ground again. When they heard this they went away one by one, beginning with the eldest, until Jesus was left alone with the woman, who remained standing there. He looked up and said, ‘Woman, where are they? Has no one condemned you?’ (No one, sir/ she replied.

‘Neither do I condemn you,’ said Jesus ‘go away, and don’t sin any more.’ *This is the Gospel of the Lord.*

ESSOMO I

Laba ndikola ekigambo ekiggya, n’abantu bange ndibawa eby’okunywa.

Bye tusoma mu kitabo kya Yisaaya Omulanzi, (43, 16-21.)

Bw’atyo Omukama bw’agamba, assa ekkubo mu nnyanja, akakubo mu mazzi

ag’amaanyi. Assaawo ekigaali n’efalasi n’eggye n’abatabaazi; bigudde wansi, tibiyinza kusituka, bizikidde, bikaze ng’olutambi. Bw’atyo Omukama bw’agamba, assa ekkubo mu nnyanja, akakubo mu mazzi ag’amaanyi. Assaawo ekigaali n’efalasi n’eggye n’abatabaazi; bigudde wansi, tibiyinza kusituka, bizikidde, bikaze ng’olutambi. *This is the word of the Lord.*

OKWEBUULIRIRA:

Zab. 125, 1-2ab, 2cd-3, 4-5,6.

EKIDDiBWAMU: Omukama yatukolera kikulu, twasanyuka.

ESSOMO II

“Byonna bwe mbigeraanya n’ekigambo eky’okumanya Yezu Kristu, ndaba nga kufiirwa. Nnafiirwa byonna olw’okubeera Ye.”

Bye tusoma mu bbaluwa Paulo Omutume gye yawandiikira ab’e Filippi. (3.8-14)

EVANGIRI

“Atalina kibi, ye aba asooka okumukasuukirira ejjinja.”

Ebigambo by’Evanjiri ya Mukama waffe Yezu Kristu ebivudde mu Yoanna. (8,1-11).

READINGS AND SAINTS OF THE WEEK: 7th APRIL - 12th APRIL, 2025

| MON 7 TH APRIL | TUES 8 TH APR | WED 9 TH APR | THUR 10 TH APR | FRI 11 TH APR | SAT 12 TH APRIL |
|---|-----------------------------|-----------------------------|---------------------------|--------------------------------|------------------------------|
| Sts. John the Baptist & De Sales-Priest | St. Mary Rose Julie- Virgin | Blessed Thomas of Tolentino | St. Magdalene of Canossa | St. Stanislaus-Bishop & Martyr | St. Zeno of Veronica- Bishop |
| Daniel 13:1-9, 15-17, 1 | Numbers 21:4-9 | Daniel 3:14-20, 91-92, 95 | Genesis 17:3-9 | Jeremiah 20:10-13 | Ezekiel 37:21-28 |
| John 8:12-20 | John 8:21-30 | John 8:31-42 | John 8:51-59 | John 10:31-42 | John 11:45-56 |

stopped communicating directly with you but still follows you on social media, watches your stories, or likes your posts, essentially keeping themselves in your orbit without re-engaging in meaningful contact.

4. Submarining is like ghosting, but with a twist. After disappearing for a while, the person suddenly reappears in your life as if nothing happened, often without acknowledging their previous absence.

5. Cushioning involves someone keeping backup options by flirting or staying in touch with other people while still

being involved in a relationship. They do this to prepare for the possibility of a breakup, ensuring they have other options in case things don't work out. Such people keep multiple love interests on standby. They have a full list of special friends on standby from whom to make a choice just in case one relationship doesn't work out.

6. Love Bombing is when someone overwhelms their partner with excessive affection, praise, and attention, often in the early stages of a relationship. It can feel intense and manipulative, as the person may be trying to gain control or

make their partner dependent on their validation.

All the six traits mentioned above reveal that modern dating is full of games. Remember that love is not supposed to be a game. Marriage is a covenant that requires good preparation and commitment. I encourage young people to integrate betrothal with modern dating skills to achieve these benefits.

1. Clear Intentions: Betrothal is often a formal commitment to marry, signaling that both partners are serious about their future together. This clarity eliminates the ambiguity that accompanies

casual dating, helping individuals avoid unnecessary emotional investment in relationships that may not lead to long-term commitment.

2. Reduced Pressure: Unlike the pressure to date casually or fit into the fast-paced nature of modern hookup culture, betrothal allows couples to focus on building a deeper emotional connection without the distractions of uncertainty about the relationship's future.

3. Stronger Foundations: With betrothal, partners are more intentional about getting to know each other in meaningful ways before they marry. It provides a period to ensure compatibility, mutual respect, and shared values, which lead to a more stable fulfilling marriage.

4. Supportive Community: In some cultures, betrothal is celebrated and supported by friends and family, which can offer a sense of security and encouragement. It allows the couple to feel that they have a network of support as they move toward marriage.

5. Fosters Commitment: Betrothal can promote a sense of responsibility and dedication to the relationship. It's not just about dating for fun or convenience but making a shared choice to invest in the future together. This can lead to a more purposeful approach to problem-solving and communication in the relationship.

6. Time to Prepare: Being betrothed can give a couple time to prepare mentally, emotionally, and practically for marriage. It allows space to plan a wedding and future together without rushing into decisions, helping partners to better align their lives.

7. Encourages Traditional Values: For some, betrothal aligns with personal or cultural values, offering a way to honor tradition while still embracing modern practices. This can provide a sense of continuity and connection to one's heritage while adapting to contemporary lifestyles.

In essence, betrothal provides a more deliberate and thoughtful approach to dating, helping couples navigate modern relationships with more transparency and commitment.

- We have celebrated the 5th Sunday of Lent year C and today is our tithe Sunday. Let us make our tithe collection.
- We shall have baptism of infants in Easter Monday at 10am. Parents and guardians are encouraged to register your babies with the office.
- We thank the Choristers of St. Michael choir for leading Adoration. This week the marriage and Family ministry will lead adoration on Thursday 10th April 2025 at 5pm.
- Priests will make laten pastoral visit to St. Andrew Kaggwa and St. Balikuddembe communities on Wednesday 9th April 2025 at 5pm. Leaders are reminded to organize for these visits.
- The communities of St. Kizito and St. Andrew Kaggwa will lead the way of the cross on Friday at 5:30pm and thereafter we shall have Penitential service with confession starting at 6:30pm.
- We shall start the Holy Week next Sunday with Palms. Masses will be at 7am in Luganda, 8:30am in English, 10am in English, 12noon in English and 5pm in English. We therefore remind you to return the Lenten sacrifice envelopes that you took for proper accountability.
- The management of Centenary bank informs its customers that they have moved from Capital Shoppers to our newly constructed KLT building. Please find them at this new location for all your banking services.
- The organizing Committee of the Tororo Archdiocese Development Association of the Laity (TADAL) with pleasure invites you for a fundraising dinner for St. Antho-

ny's Hospital Tororo on 10th April 2025 at Hotel Africana at 6pm. For dinner cards please contact the treasurer Winifred Ainomugasho on 0776890182/0702106934 or pay using MOMO on 399858

PURGATORY I

A family was having Thanksgiving dinner. So they took out their finest china, their most prized possession, for the feast. After a long and delicious meal, their fine China was full of gunk. Rather than put the china directly into the china hutch, the most beautiful place imaginable where it would stay forever, they put it into the sink and lovingly washed off the gunk.

This little parable may be a good way for us to understand Purgatory. You see, you are that fine china... God's most precious possession. The table represents our lives on earth, where we accumulate a lot of gunk. And the beautiful china hutch represents heaven, where we will live forever.

The Catechism tells us that Purgatory is not so much a place as a process, the "final purification of the elect." The Book of Revelation 21:27 says that nothing unclean will enter heaven.

So think of Purgatory as the sink, where God lovingly washes us clean, so that we can take our place with all those who have gone in faith before us.

Rev 21:27 • CCC 1030 - 1032

CATECHISM CORNER

AIRTEL Merchant Code

4 3 7 3 0 3 8

MTN Merchant Code

7 0 6 3 8 2

THE WAY OF THE CROSS PROGRAM

| DATE | COMMUNITY ON DUTY | STATIONS OF THE CROSS |
|----------------|--------------------------------|---|
| 11TH APR. 2025 | St. Kizito & St. Andrew Kaggwa | According to the Sisters of Adorers of the Precious Blood |

St. Charles Lwanga
Catholic Parish Ntinda

Blessed women
OF FAITH

Worship Evening

"Worthy is the Lamb who was slain"
- Rev 5:12-

ST. CHARLES LWANGA NTINDA PARKING SPACE **9TH MAY 2025 06:00PM ONWARDS**

| 24 - 30/03/2025 | Amount | |
|----------------------------|------------|----------|
| Tithe | 11,068,028 | \$ 1,200 |
| Sunday Offertory | 9,017,100 | \$ 4 |
| Week Day Offertory | 3,710,300 | |
| KLT Project | 1,010,000 | |
| Marriage Stole Fees | 880,000 | |
| Baptism Stole Fees | 60,000 | |
| Catechism Stole Fees | 100,000 | |
| Thanksgiving | 50,000 | |
| Donations | 818,000 | |
| Scroll Sales | 175,000 | |
| Devotional Candles box | 754,200 | |
| Grotto Box | 1,395,800 | |
| Joint Choir | 190,000 | |
| Blessed Women of Faith | 360,000 | |
| Divine Mercy | 985,000 | |
| St. Gyaviira Community | 30,000 | |
| Women's Guild | 893,000 | |
| Good Samaritan | 484,200 | |
| Adoration Chapel Box | 380,600 | |
| Family and Marriage | 300,000 | |
| Youth | 200,000 | |
| USRB Certification Inflows | 80,000 | |
| Procure Items | 3,175,000 | |

PROVENANCE
HEALING & WELLNESS
CENTRE

MENTAL HEALTH SERVICES WE OFFER

BE:WELL: A TEEN MENTAL HEALTH WORKSHOP

Nsasa, Kira
Opposite Juliana Junior School
Near Muhika Schools

Individual Therapy,
Couple Therapy,
Marriage Therapy,
Family Therapy,
Child Therapy,
Tel /Online Therapy

Follow us Online

PROVENANCE
HEALING & WELLNESS
CENTRE

Feeling Depressed?, Stressed?, Sad?, Worried?, Helpless? Reach out to us.

DRUG AND ALCOHOL TREATMENT PROGRAMS

Detoxification

Our medical team will provide safe and comfortable detox services to help you manage withdrawal symptoms and begin your recovery journey

Individual Therapy

Work with licensed therapists to explore underlying issues, set goals, and develop coping strategies for managing cravings and triggers.

Group Therapy

Participate in group therapy sessions to connect with peers, share experiences, and learn from others in a supportive and understanding environment.

Dual Diagnosis Treatment

If you have a co-occurring mental health disorder, our team will provide integrated treatment to address both addiction and mental health issues.

Family Therapy

Involve your loved ones in your recovery process through family therapy sessions to improve communication, rebuild trust, and strengthen relationships

Medication-Assisted Treatment (MAT)

When appropriate, medication may be prescribed to help manage withdrawal symptoms, mental health symptoms (such as mood stabilization or anxiety reduction) and cravings under close supervision by our medical team.

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PARISH ADMINISTRATION

| | | | | | |
|---|--|--|--|--|--|
| Parish Priest Fr. Edward Muwanga Tel: 0782952065 | Asst. Parish Priest Fr. Brian Bruno Bugembe Tel: 0705449337 | Asst. Parish Priest Fr. Joseph Kirumira Tel: 0708086910 | Head Catechist Lawrence Kayindu Tel: 0777691286 | Chairman of the Laity Eng. William Bakawa Tel: 0772200240 | Parish Administrator Maria I. Nabagereka Tel: 0775 528957 |
|---|--|--|--|--|--|